



## **Menu of Proposed Experiences at Union Grove Farm**

This is a menu of proposed experiences that will be available at Union Grove Farm [UGF], along with the Center for Regenerative Agriculture at Union Grove Farm. All of these activities are on farm experiences – either through direct engagement, education classes and tours, or enjoying the regenerative food we grow on our farm and vineyard.

### **ON UNION GROVE FARM**

#### **Farm-to-Table Dinner**

Guests can join us for an edible conversation between a regenerative farm, a chef, and the community, focused on sustainable food. Our Farm-to-Table Dinner series starts with a cohort of world-class chefs and a seasonal, sustainably grown palette of fruits, vegetables, herbs, berries, and flowers. By bringing these culinary artists back to the source, we give our guests an opportunity to connect with new regeneratively grown ingredients from Union Grove Farm [regenerative lamb, grapes or from our garden] or other local sustainable farms, learn first-hand the value of regenerative agriculture to our food and to the planet, along with discovering the rewards of relationship with the land.

#### **Tasting Picnic Tours**

The Tasting Picnic Tour includes an educational regenerative farm tour with full tasting picnic at the end. Our guests will enjoy regeneratively grown ingredients from Union Grove Farm or other local sustainable farms, learn first-hand the value of regenerative farming to our food and to the planet and discover the rewards of relationship with the land.

#### **UGF Farm Stand**

Our Farm Stand will offer a variety of Union Grove Farm or local regenerative, organic fruits and vegetables, artisan bread and tortillas, bulk organic pantry and sustainable house care products, organic seedlings and kids gardening tools. Even pick up some of our UGF swag.

#### **Working Farm Day**

During this 4-hour regenerative farm experience, we will be getting our guests' hands dirty. They will put up temporary fences, move structures that go with the sheep herd, and help move the sheep herd. We will also visit and move the chickens, be led through a pasture walk discussing the use of livestock to heal and improve the soil, life in the soil, use of cover crops, and share additional information on methods used on the farm to achieve our regenerative farm goals.

#### **Working Farm Day: Equipment Use**

During this 6-hour educational experience, our guests' participate in regenerative farming techniques to experience its benefits. They will be getting their hands dirty, learning about

and using equipment from our regenerative farm, focused on leaving the land better than we found it.

### **Sheep Herding Experience**

Every other Saturday, we currently offer guests to join us on the beautiful green pastures at Union Grove Farm and Vineyard and meet our 300 Katahdin sheep and experience herding them during our pasture rotation. They learn about holistic grazing management and why sheep are foundational to successful regenerative farming.

### **Bee Cruise**

Our guests buzz around the farm in an off-road cart with a beekeeper learning about our unique pollination program and the essential role all pollinators play in regenerative agriculture, cover crops and on our working regenerative vineyard. Guests will taste award-winning honey and learn new and interesting ways to help save our bees!

### **Guided Apiary Tour**

Go behind the scenes with our beekeeper on a private guided tour of Union Grove Farm's apiaries! Don your very own beekeeping suit, take a selfie, and get ready to fire up the smoker. Guests will get the chance to open a live beehive, experience what it's like to be a beekeeper, and taste our award-winning honey right out of the hive.

### **Guided Hike OR Mountain Bike Tour**

With six miles of trails and a wealth of local flora and fauna, our guests can explore the pristine beauty of Union Grove's forests and vineyards on one of our guided hikes or mountain bike tours—or discover it on your own. Guides will help raise awareness of your surroundings and reveal much of what the forest and regenerative vineyard have to offer.

## **AT THE CENTER FOR REGENERATIVE AGRICULTURE AT UNION GROVE FARM**

### **Center for Regenerative Agriculture at UGF: Event Venue**

Whether guests are planning a one-day retreat for 150, or a multi-day event for 20, we help them curate a unique meeting in a peaceful, regenerative farm setting. With access to a variety of indoor and outdoor meeting spaces and opportunities to spend time on the land and with each other, with a range of farm experiences and activities. From guided walks to soil kit experiences, regenerative farm tours, sheep herding experiences, evening parties on the lawn with regenerative wine tastings and sustainable cooking classes to include food grown on our farm [regenerative lamb/grapes/in season garden vegetables], our goal is to get people out on the land, learning about regenerative agriculture and enjoying nature and each other.

### **Regenerative Farm and Vineyard Tours**

We **currently offer these tours every other Saturday** from our CRA at Union Grove Farm. We take our guests on a journey through a working vineyard focused on growing our seedless Muscadine table grapes with sustainable and environmentally friendly farming. They experience how the vineyard operates using holistic regenerative practices with cover crops, composting and vermicomposting, and livestock to promote soil health, biodiversity, and capture carbon to grow healthy grapes and build the soil for future generations.

### **Regenerative Agriculture Fundamentals**

We already provide this course through some of our agriculture partners [ie, Caroline Farm Stewardship Association]. In a 1-2-day course, our attendees learn the fundamental concepts of regenerative agriculture, tour our farm to experience and learn how we are successfully farming with regenerative agriculture practices, with cover crops, composting and vermicomposting, and livestock to promote soil health, biodiversity and grow more nutrient dense food. [This course includes both in class and on farm education.]

### **Regenerative Grape Growing Immersion**

Whether for wine or table grapes, regenerative grape growing is a dynamic approach that at its core is about profitably farming in alliance with the ecosystem. Holistic regenerative land practices provide a framework that guides short and long-term decisions to ensure healthy profits, communities, and land. Facilitated by Understanding Ag, this two-day on farm immersion will lead participants to a deeper understanding of the practical and economic benefits of partnering with nature to regeneratively farm. [This course includes both in class and on farm education.]

### **Intro to Permaculture**

Learn the fundamental concepts of permaculture through experiencing our working regenerative farm. Attendees will experience the theory put into practice: the approach to land management and settlement design that adopts arrangements observed in flourishing natural ecosystems. We focus on a set of design principles derived using whole systems thinking. It applies these principles in regenerative agriculture, town planning, rewilding, and community resilience. [This course includes both in class and on farm education.]

### **Climate Farm School**

This course theme is 'financing regenerative agriculture'. This course will feature guest speakers and dedicate discussion time for delving into topics related to human, natural, investment, and philanthropic capital needed to support a transition to climate-resilient, equitable regional food systems.

### **Younger Kids Farm Tour**

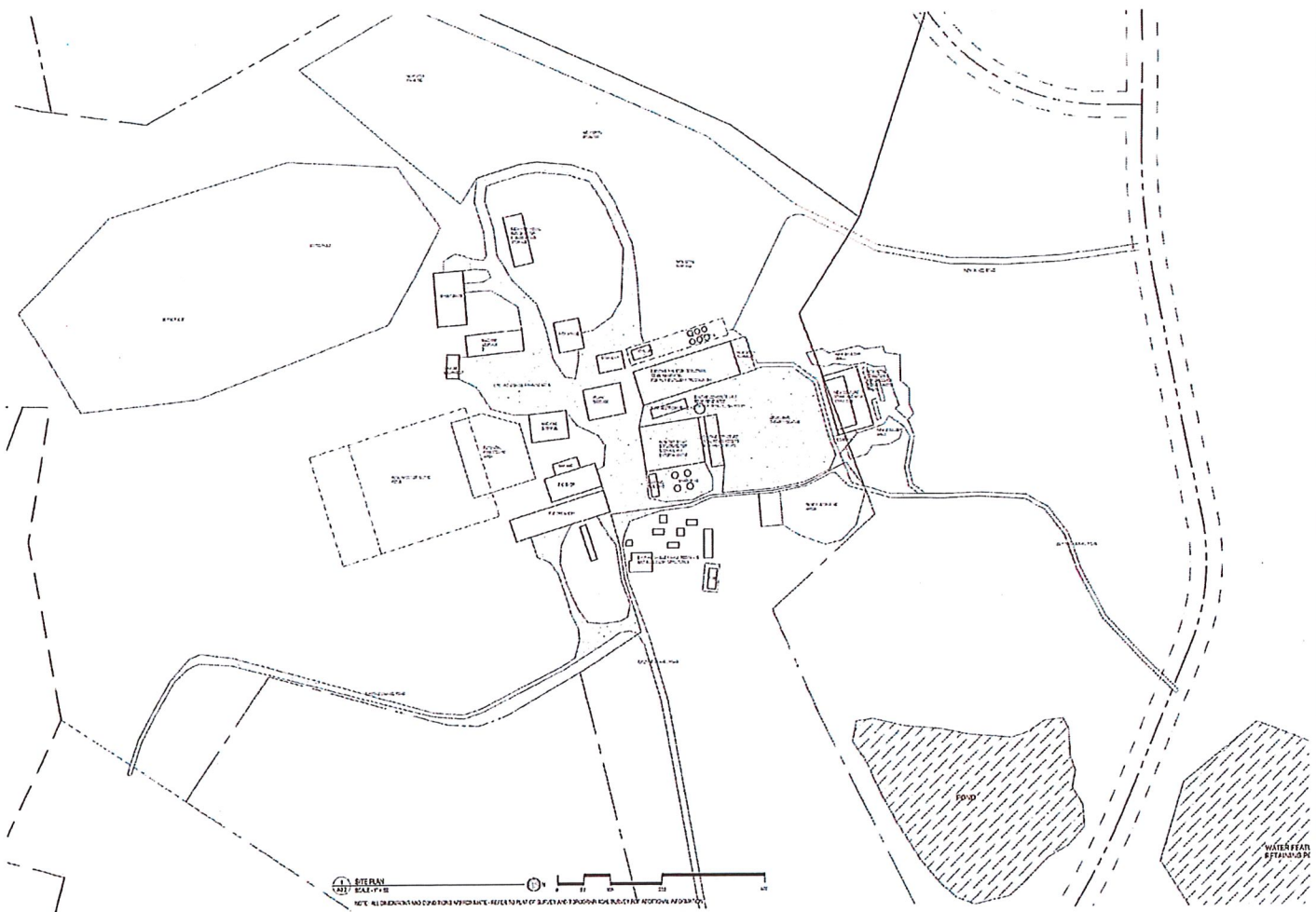
Parents and children together will experience a beautiful piece of land in the Orange County area of North Carolina. Young children can experience and learn where their food comes from while moving around in a beautiful natural setting with animals, forests,

pastures, ponds, and rivers. This 1-hour experience is great for families with young children. It is about interactive experiences and movement in nature for those that might have shorter attention spans.

### **Older Kids Farm Tour**

Join with other kids on a beautiful piece of land in the Piedmont area of North Carolina. Older children can experience and learn where their food comes from while moving around in a beautiful natural setting with animals, forests, pastures, ponds, and rivers. On this 1 1/2-hour tour you will see the sheep herd and chickens. You will walk through the barn and see the equipment used on the farm and be led through a pasture walk discussing the use of livestock to heal and improve the soil, life in the soil, and use of cover crops. A tour and discussion of the family garden can be included if there is interest.





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SCALE: 1/8" = 1'-0"  
NOTE: ALL DIMENSIONS ARE FOR INFORMATION ONLY. REFER TO THE SITE PLAN FOR DIMENSIONS AND TO THE ARCHITECTURAL RECORDS FOR DIMENSIONS.

  
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